

EFT INTERNATIONAL PRACTITIONER REQUIREMENTS

EFT INTERNATIONAL-Accredited Certified EFT Practitioner Requirements

To achieve the level of EFT International-Accredited Certified EFT Practitioner, students must successfully complete the following minimum competency requirements:

- Pass the online multiple-choice Practitioner Exam via the EFT International website. A Practitioner-Candidate (or “Candidate”) must be an EFT International member to access the exam and generally joins as an EFT Student member at this time
- Receive 6 hours supervision/mentoring (either 1-to-1 or in a group of 8 or less) with any EFT International Master Trainer (in the role of Supervising Mentor). Mentoring can be conducted in-person, over the phone, via Skype, or via webinar.
- Submit to Trainer / Supervising Mentor a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1 and 2 training and post-training practice and experience. *See 2016 EFT Case Study Guidance Manual for further details
- Provide an in-person OR audio OR video demonstration of an EFT session; and discuss this session with Supervising Mentor. This demonstration (and discussion) will count as one Client Case Study
- Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals. Each EFT session must be a minimum of 45-minutes in length.
- Complete any additional, discretionary requirements as outlined by the EFT International Master Trainer / Supervising Mentor during the certification process. Mentors may require additional client sessions / practice hours, 1-to-1 mentoring meetings or case studies as needed to complete their assessment.

Once the Candidate has completed all of the requirements and the Supervising Mentor is confident that Candidate has met the competencies and standards for Practitioner Level set by EFT International, Mentor will inform the EFT International Membership Secretary that all requirements have been met. The Membership Secretary will then invite the Candidate (via email) to upgrade their membership on eftinternational.org from EFT Student to Accredited Certified EFT Practitioner.

To maintain EFT International Accredited, Certified EFT Practitioner status, members must fulfill annual CPD and supervision/mentoring requirements. CPD (Continuous Professional Development) is 30 hours of EFT-related study (i.e. videos, workshops, books, audio presentations, etc.). Supervision/Mentoring is 6

hours annual mentoring (individual or group of 8 or less) with an EFT International Master Trainer / Supervising Mentor or Approved Supervisor (a Certified, Advanced EFT Practitioner who has been approved by EFT International to offer annual Supervision / Mentoring).

BECOMING A CERTIFIED ADVANCED PRACTITIONER

To achieve the level of EFT International Accredited Certified Advanced EFT Practitioner, students must successfully complete the following minimum competency requirements:

1. Pass the online multiple-choice Advanced Practitioner Exam via the EFT International website.
2. Receive 6 hours mentoring (either 1-to-1 or in a group of 8 or less) with any EFT International Master Trainer (in the role of Supervising Mentor). Mentoring can be conducted in-person, over the phone, via Skype, or via webinar.
3. Submit to Trainer / Mentor a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1, 2 and 3 training and post-training practice and experience.
4. Provide an in-person OR video demonstration of an EFT session; and discuss this session with EFT International Mentor. This demonstration (and discussion) will count as one Client Case Study
5. Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals at the discretion of the Trainer. Each EFT session must be a minimum of 45-minutes in length.
6. Complete any additional, discretionary requirements as outlined by the EFT International Master Trainer / Mentor during the certification process. Mentors may require additional client sessions / practice hours, 1-to-1 mentoring meetings or case studies as needed to complete their assessment.

Once the Candidate has completed all of the requirements and the Mentor is confident that Candidate has met the competencies and standards for Practitioner Level set by EFT International, Mentor will inform the EFT International Membership Secretary that all requirements have been met. The Membership Secretary will then invite the Candidate (via email) to upgrade their membership on eftinternational.org to Accredited Certified EFT Practitioner.

To maintain EFT International Accredited Certified Advanced EFT Practitioner status, members must fulfill annual CPD and supervision/mentoring requirements. CPD (Continuous Professional Development) is 30 hours of EFT-related study (i.e. videos, workshops, books, audio presentations, etc.).

Supervision/Mentoring is 6 hours annual mentoring (individual or group of 8 or less) with an EFT International Master Trainer / Mentor or Approved Mentor (a Certified, Advanced EFT Practitioner who has been approved by EFT International to offer annual mentoring).